

Lennox Orioles Cross Country Invite



Dear AD & Coach:

Lennox High School looks forward to your participation in the Lennox Invitational Cross Country Meet. Please respond ASAP if you plan to attend.

Date: Thursday, October 1, 2020 **Time: 4:00 p.m.**

Location: Lenkota Golf Course (1 ½ miles west of SD Hwy 44 and 17 Junction)

Race Schedule: Varsity Boys – 5,000 meters -- (Limit to 8)- **starting time 4:00 p.m.**
Varsity Girls – 5,000 meters (Limit to 8)
JV Boys – 4,000 meters (unlimited)
JV Girls – 4,000 meters (unlimited)
7th & 8th Boys – 3,000 meters & 7th & 8th Girls – 3,000 meters (ran together)
(unlimited)

Note: Make sure your runners are up to the starting line as soon as the prior race finishes. We will start the next race when the one before is completed.

Entry Fee: \$100.00

Send check to:

Dan DeVries, AD
Lennox HS
305 5th Ave, Lennox SD 57039

Entries: Entries should be made online at <https://www.athletic.net/>

Entries are now open and are due at Noon on Tuesday, Sept 29th.

Live Timing and Results can be accessed at results.dakotatiming.com

Awards: Team trophy in each varsity division.
Medals to the first 20 place finishers in each varsity division.
Medals to the first 20 place finishers in each JV division.
Ribbons to the top 10 finishers in each Middle School division.

Team Scoring: Varsity scoring will consist of the first four (4) placers plus two (2) pushers.
No team scoring in the JV divisions.

Questions: Contact Dan DeVries (A.D.) Phone (605) 647-2203 ext 5006
Email: Dan.devries@k12.sd.us

Teams:

Beresford, Canton, Dakota Valley, Dell Rapids, Elk Point-Jefferson, Garretson
Milbank, Parkston, S. F. Christian, Tea Area, Tri-Valley, Vermillion, West Central, Milbank
(MS only -[Good Shepherd Lutheran](#))